

Power Walk an overnight marathon!



Register Today!

www.walkthewalkamerica.com

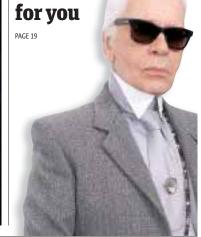
the MoonWalk new york city 2014

presented by Empire 💿 🖫

Broadway. 'Rocky' gonna fly now, but patience is required



Style. Lagerfeld has more controversial comments



CUNY Graduate Studies Fair

Monday, March 31, 2014 • 2:30-7:30 PM The Graduate Center cuny.edu/grad



City to pay \$98 million in historic FDNY case

Equality. The settlement helps end a major discrimination suit.

The de Blasio administration announced Tuesday that it would offer some \$98 million in back pay to black and Latino firefighters as a part of a settlement against the city.

The agreement stems from a 7-year-old lawsuit brought by the Department of Justice, accusing the New York City Fire Department of discriminating against minority applicants through its civil service exams for entry-level firefighters.

Vulcan Society of Black Firefighters and seven individual plaintiffs sued the city in 2007, when the Bloomberg administration defended the civil service exams despite complaints that the tests discriminated against black and Latino applicants.

"We are pleased with the settlement," said Vul-can Society President John Coombs.

The agreement split the awarded amount between applicants who took either test and were either not hired or hired late as a result.

The settlement also calls for the fire department to appoint a chief diversity officer.

"The brave men and women of the FDNY work tirelessly to keep us safe from harm's way - and our administration is committed to ensuring every New Yorker who seeks to take on this heroic role has a fair opportunity to join the ranks," Mayor Bill de Blasio said.

CHESTER JESUS SORIA **Ochestersoria**



Another part of the settlement calls for the FDNY to expand minority recruitment. / GETTY IMAGES

Mayor's approval slips in new poll



More New Yorkers are happier about Police Commissioner William Bratton than they are with Mayor Bill de Blasio's first two months in office.

De Blasio still gets a plurality of support from New Yorkers polled in Quinnipiac University's latest poll: Forty-five percent approve of his work, while 34 disapprove.

It's nonetheless a quick

slip from the 53 percent approval rating de Blasio had in January.

"Mayor de Blasio's overall job-approval numbers are off a bit, but still positive," said Quinnipiac's Assistant Director Maurice Carroll.

The only issue where the mayor dips below 50 percent is on his handling of taxes, which earned him a 44 percent

approval rating. Bratton, who recently touted a crime reduction in the first two months since he returned to the post as NYPD commissioner, fared better than his boss: Fifty-seven percent of voters approve of the top cop. The poll surveyed a total of 1,234 NYC voters and has a margin of error of plus or minus 2.8 percentage points. CHESTER JESUS SORIA

Upper West Side

Son kills dad, stabs mom, police say

Anthony Powe, 27, was arrested on Tuesday morning after police said that he stabbed his father, Darlington Powe, 71, to death and critically injured his mother during a dispute on the Upper West Side.

Cops nabbed Powe on

East 96th Street, near his Upper East Side home, after he allegedly attacked his parents inside their residence on Columbus Avenue at West 97th Street before 6 a.m.

Investigators believe that he stabbed his parents following a domestic dispute.

Cops said that Powe is being charged with murder and assault. ANNA SANDERS

Federal fugitive

Man wanted in Cartier robberv

Federal and local authorities are looking for a man wanted in connection with what the FBI described as a "brazen" January robbery of a Cartier store in midtown Manhattan.

The FBI and NYPD said Ralik Hansen, 28, was one of at least five men who charged into Cartier



around 12:35 p.m. Jan. 30 and began to smash counters, removing 16 watches worth more than \$700,000.

Four of the perpetrators have been caught, officials said. All five were charged in February in connection with the heist and other robberies in New York, New Jersey and Virginia.

That FBI said that Hansen is thought to be armed and "extremely dangerous." Anyone with information is asked to call the FBI at 212-384-1000. anna sanders

3'VIDEO: Dick Vitale talking strippers and Terrell Davis handling an LA earthquake'

first look: Watch the 'Peanuts' movie trailer'

2'VIDEO: Detroit elementary school choir performs cover

of Pharrell's "Happy"



Yes, you can have it all in the Cambridge!

- 4 bedrooms with large master suite that features walk-in closet
- Formal dining and living rooms
- Family room with fireplace
- Spacious back deck
- Master bath includes 3' x 4' stand alone shower and soaker tub
- 2 car garage
- 3,393 Square feet in all!

 And it can be yours for less than you ever imagined! Call now!

Check out this fabulous layout!



Homes priced from \$199,900 to \$499,900 Buy now and get up to \$5,000 toward Closing Costs!

LOW PROPERTY TAXES! • 90 MINS TO NYC • EXPRESS COMMUTER BUSES (4 per hour)



1-800-276-4000

Visit our all-new website: www.classicqualityhomes.com



Make an appointment now at either of our two convenient sales offices.

metr

Wednesday, March 19, 2014

NEW YORK

Eat it. NY McDonald's owner to pay \$500K to settle worker claims

The owner of seven McDonald's restaurants in Manhattan agreed to pay almost \$500,000 to workers who were required to work "off the clock" and were subject to other practices that violated state laws, New York's Attorney General Eric Schneiderman said on Tuesday.

Schneiderman said the settlement with Mc-Donald's franchisee Richard Cisneros included damages and interest and will benefit more than 1,600 workers.

"I value my employees — and it is important to me that they be paid correctly," Cisneros said in an emailed statement.

The investigation found that from 2007 through mid 2013, Cisneros' restaurants at times required some of their 700 cashiers to work "off-the-clock," or without pay. Some cashiers also were required to use their own money to cover cash register shortages.

Vision Zero

Pedestrian struck, killed in Brooklyn

An elderly pedestrian was struck and killed by a car Tuesday afternoon in Brooklyn, police said. Marlene Baharlias, 77, was crossing East 19th Street in Sheepshead Bay when she was hit by a Mercedes Benz attempting to parallel park around 2:20 p.m. The driver remained on scene. ANNA SANDERS

Gas leak found next to building in explosion



Details. The pipe failed a test under normal conditions.

National Transportation Safety Board investigators revealed on Tuesday evening that they found a leak in a gas pipe adjacent to one of the buildings destroyed in last Wednesday's explosion. That gas main failed a pressure test running at normal operat-

Assistance

"We're working with the City, the Salvation Army and the Red Cross to assist the affected families with their expenses in the wake of the tragedy."

Sidney Alvarez Con Edison spokesman ing pressure, the NTSB reported. Investigators will excavate the leak location later in the week and send the pieces to a lab for further investigation.

Police also identified the last victim to be killed in last week's gas explosion in East Harlem.

Mayumi Nakamura, 34, lived in Apartment 4 at 1646 Park Ave., a police spokesman said.

A 46-year-old Harlem woman who lives in a building more than a block away from the explosion has also filed a lawsuit against Con Edison and one of the property owners for her injuries.

Michelle Nelson is the first person to sue over the explosion that killed eight people and injured more than 60 others.

LAURA SHIN @metroneyork laura.shin@metro.us

Swap Your Briefcase for a Bouillabaisse

Or a baguette. Or ravioli. Come to an Open House at ICC's Soho kitchens to learn more about our professional Culinary, Pastry, Cake, International Bread and Italian courses, created by legendary deans of cuisine. **Make this the year you do what you love.**



OPEN HOUSE Tuesday, March 25 6:00-8:00pm

International Culinary Center 462 Broadway, New York City

To RSVP or schedule a private tour, visit us at www.culinarycenter.com/openhouse or call 888.324.2433





Tenants ask for help with predatory seemore at landlords

Rights. The residents are asking for the city council to intervene with housing violations.

Dozens of tenants and housing rights advocates stood in front of City Hall on Tuesday morning to pressure the city into dealing with what they call "predatory" building owners.

Almost a year ago, a portfolio of more than 50 buildings operated by Colonial Management went into foreclosure. Tenants from the 1,537 rent-regulated and federally subsidized units across Manhattan, Brooklyn and the Bronx asked Čity Council to preserve their homes as affordable housing.

Bronx resident Debra

Cooper recounted how her unit in 711 Fairmount Place has gone without heat for months and how her family stays inside their home after 7:30 p.m. in fear of drug dealers who roam the hallways.

"We're scared to come out," Cooper said. "We're infested with mice, rats, roaches. We have incredible water leaks in the building. I live on the third floor - when it rains, it's raining in my kitchen. I need an umbrella. ... I want justice."

Bronx Councilman Ritchie Torres bemoaned the tactics of the portfolio's owners. He suggested the lender, LNR Partners, reject the owners' request for refinancing and sell the buildings to a preservation

CHESTER JESUS SORIA

Apartment dwellers

New Yorkers living in the apartments filed more than 2,700 housing violations against the buildings and the private equity joint venture that purchased the properties in 2007.

Normandy Real Estate.

Vantage Properties, Westbrook Partners and David Kramer set the venture up and defaulted on the \$133 million loan in 2010.

The buildings were foreclosed on in 2011.

Transportation

Henry Hudson Bridge tolls to undergo construction

Drivers passing through the Manhattan-bound Henry Hudson Bridge can expect some traffic headaches as work begins to turn two toll lanes into one. The Metropolitan Transportation Authority



announced on Tuesday that it would convert two 10-feet wide lanes into a single 11-foot, 6-inch lane.

Early estimates have

the project taking three weeks. It's expected to begin March 24.

The length of the construction will vary according to weather, officials said, and work will likely affect not only commuters but also Bronx residents near the plaza.

'We are very aware of the close proximity of our neighbors in Riverdale and will make every effort to minimize work during overnight hours whenever possible," project manager Joe Gugliero said. Chester Jesus soria

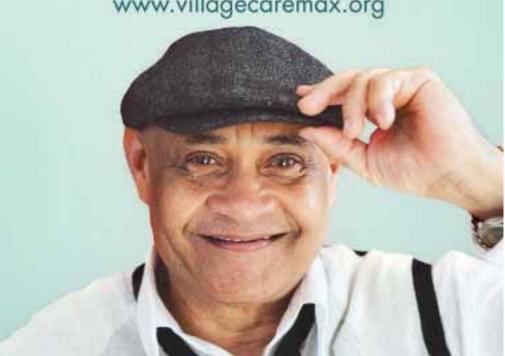


For more information

a trusted health care provider for over 35 years.

800-469-6292 TTY 711

www.villagecaremax.org



Putin signs Crimea treaty, will not seize other regions

Rally. Putin's speech drew immediate hostile reaction in Kiev and the West.

Defying Ukrainian protests and Western sanctions, Russian President Vladimir Putin signed a treaty on Tuesday making Crimea part of Russia again but said he did not plan to seize any other regions of Ukraine.

In a patriotic address to a joint session of parliament in the Kremlin, punctuated by standing ovations and cheers, Putin said Crimea's disputed referendum vote held under Russian military occupation, had shown the overwhelming will of the people to be reunited with Russia.

As the Russian national anthem played, Putin and



"Today Russian soldiers began shooting at Ukrainian servicemen. This is a war crime."

Arseny Yatseniuk Ukrainian Prime Minister

Crimean leaders signed a treaty to make Crimea part of the Russian Federation, declaring: "In the hearts and minds of people, Crimea has always been and remains an inseparable part of Russia." Parliament is expected to begin ratifying the treaty within days.

Public Notice Magnet Recognition Program® SITE VISIT

- NYU Hospitals Center Tisch/Rusk was designated as a Magnet organization in 2005 and 2009 by the American Nurses Credentialing Center (ANCC) Magnet Recognition Program[®]. This prestigious designation recognizes excellence in nursing services. In April 2014, NYU Hospitals Center Tisch/ Rusk is applying for re-designation.
- Patients, family members, staff, and interested parties who would like to provide comments are encouraged to do so. Anyone may send comments via e-mail, fax, and direct mail. All phone comments to the Magnet Program Office must be followed up in writing.

YOUR COMMENTS ARE CONFIDENTIAL AND NEVER SHARED WITH THE FACILITY, IF YOU CHOOSE, YOUR COMMENTS MAY BE ANONYMOUS, BUT MUST BE IN WRITING.

• YOUR COMMENTS MUST BE RECEIVED BY April 18, 2014.

Address: American Nurses Credentialing Center (ANCC)

Magnet Recognition Program Office 8515 Georgia Ave., Suite 400 Silver Spring, MD 20910-3492

Fax: 301-628-5217 E-Mail magnet@ana.org Phone: 866-588-3301 (toll free)

Missing. Search area for Malaysia plane now the size of Australia

An international land and sea search for a missing Malaysian jetliner is covering an area the size of Australia, authorities said on Tuesday, but police and intelligence agencies have yet to establish a clear motive to explain its disappearance.

Investigators are convinced that someone with deep knowledge of the Boeing 777-200ER and commercial navigation diverted Malaysia Airlines Flight MH370, carrying 12 crew and 227 mainly Chinese passengers, perhaps thousands of miles off its

scheduled course from Kuala Lumpur to Beijing. But intensive

background checks of everyone aboard have so far failed to find anyone with a known political or criminal motive to hijack or deliberately crash the plane, Western security sources said.

Malaysian Acting Transport Minister Hishammuddin Hussein told a news conference the "unique, unprecedented" search covered a total area of 2.24 million nautical miles from central Asia to the southern Indian Ocean. **reuters**



the search, Australia said it shrunk its search field based on satellite tracking data and analysis of weather and currents, but it still covers 230,000 square miles

INTERESTED IN JOINING THE HEALTHCARE WORKFORCE AND MAKING AN IMPACT ON THE SPECIAL NEEDS POPULATION?

Train to become a

Direct Care Counselor

@ Borough of Manhattan Community College



NO COST JOB TRAINING. CERTIFICATION AND COLLEGE CREDITS

Training program begins on April 21, 2014 Sign up now to attend required Open House

Call 212-346-8435 Or register online at www.bmcc.cuny.edu/ce

To be eligible to apply for CUNY CareerPATH, individuals must be 18 years or older, hold a high school diploma or GED and be legally authorized to work in the United States and have a valid driver's license. Other eligibility requirements apply.







This workforce solution was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The solution was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, varanties, or assurances of any kind, express or implied, with recto such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership. The CUNY Career/PATH Program is an equal opportunity employer/program and auxiliary aids and services are available upon request to individuals with disabilities.

CARNEGIE HALL

presents



Sunday, March 23 at 3 PM

Ellington's Sacred Music

Glorious music from Duke Ellington's sacred works is performed by jazz and soul luminaries **Jimmy Heath**, Lalah Hathaway, Sean Jones, the Jazz at Lincoln Center Youth Orchestra. and young singers from New York City schools.

Ellington's Sacred Music is generously underwritten by Martha and Bob Lipp.

Tickets start at \$15.

carnegiehall.org | 212-247-7800 Box Office at 57th and Seventh

Photos: Student singers by Julien Jourdes, Heath by Jack Vartoogian, Jones by Raj Naik Artists, programs, dates, and ticket prices subject to change. © 2014 CHC



Proud Season Sponsor

Web on your wrist

Google brings

Android to

watches' in

mobile push

Google Inc. is bringing

its Android software to

ing with manufacturers

The company intro-

smart watches, work-

and chipmakers to

further its push into

duced "Android Wear'

today, a project to extend the Android op-

erating system to wear-

able gadgets including

watches, Sundar Pichai,

a senior vice president

at Google, wrote in

a blog post. Partners

include device makers

HTC Corp., Samsung Electronics Co. and LG

Electronics Inc., along

with chipmakers Intel

Corp., Qualcomm Inc.

Google is rolling

and Broadcom Corp.

out new products to

to consumers on the

bring applications

connected devices.

'smart

GRAND OPENING **Advanced Dermatology Associates of FORDHAM**



Medical, Cosmetic & Surgical DERMATOLOGY

All Skin Disorders • All Nail Disorders • All Hair Disorders • All Skin Growths

- Psoriasis
- Hair Loss
- Aging Skin
- Birthmarks

- Genital Warts
- · Nail Disorders
- Mole Removal
- Leg Vein Removal • Broken Blood Vessels
- Red Spots
- Torn & Split Earlobe Repair

- · Scalp Conditions
- Fungal Conditions
- Tumors & Growths
- White & Dark Spots Complexion Problems

- Hair Removal
- Skin Rejuvenation Cosmetic Skin Surgery

All Insurance Plans, Unions, HMOs, PPOs Medicare & Medicaid Accepted • Day, Evening & Weekend Appointments Available Board Certified/University Affiliated



DERMATOLOGY FORDHAM

2432 Grand Concourse, Suite 501 • Bronx, NY 10458 • 718-537-5000

Bronx: Parkchester • 1455 West Avenue • Next Post Office & Macy's • 718-239-1500 Bronx: Co-op City • 2100 Bartow Ave, Ste 211 • Bay Plaza Shopping Center • 718-671-1000 Bronx: Third Avenue • 291 East 149th Street. • Bet. Cortland & Morris • 718-742-1000 Midtown: 200 Central Park South Ste 107 • Corner of 7th ave and 59th st • 212-262-2500

www.adv-derm.com

1.800.545.SKIN (7546)







move. **BLOOMBERG**

New pad

Apple launches iPad 4, cheaper iPhone 5C

Apple Inc. said it would offer an iPad 4 tablet in place of the mid-range iPad 2 at the same price and the company launched a cheaper, lower capacity version of its plastic-backed iPhone 5C in Australia, China and some European countries.

The iPad 4 is available at \$399 for the 16GB Wi-Fi model and \$529 for the 16GB Wi-Fi + cellular model at the four major U.S. carriers – AT&Ť Inc., Sprint Corp., T-Mobile US Inc. and Verizon Communications Inc. **REUTERS**



Available data

Mt. Gox updates website: customers can check balances

Mt. Gox, a leading bitcoin exchange that late last month filed for bankruptcy protection, updated its website on Tuesday to allow customers to log in and verify their wallet, or account, balance.

The website, which went blank just over three weeks ago, had previously posted occasional updates on Mt. Gox's civil rehabilitation process - a legal procedure that may allow Mt. Gox to rebuild and pay back some of its creditors — as well as a warning that some spam or phishing emails purporting to be from the exchange were in circulation.

Mt. Gox filed for bankruptcy protection in Japan on Feb. 28.



TIRED OF MASKING THE PROBLEM?

If you're one of the thousands who've been prescribed a CPAP mask to stop snoring and treat your sleep apnea, you already know that going untreated is not an option. Ignoring your condition can lead to serious health issues.

eOs sleep's Board Certified physicians offer many different treatment options, some can take as little as 20 minutes.



eOssleep.com

Most Insurance Plans Accepted

20 East 66th Street, New York • 262 Central Park West, New York 589 Broadway, New York • 833 Northern Blvd, Great Neck To schedule an appointment: 1-800-eos-sleep (1-800-367-7533)



an't Sleep? Depressed?

Do you feel depressed or irritable?

■ Do you have trouble falling or staying asleep? ■ Are you 65 or older?

If you suffer from depression and are at least 65 years of age, you may be eligible for our research study. As part of the program, you will receive research-related medical evaluations, evaluation of your depression with our Board Certified physician, antidepressant together with investigational medication or placebo, and visits to the clinic, all at no cost. Please call for more information.

212) 595-5012

The Medical Research Network 134 E. 93rd St, NY, NY • www.MedicalResearchNetwork.com TO PAKS



Let Mildred Elley guide you on the road to success and increased earning power.

Our degree and certificate programs include:

- Business Management
 Massage Therapy
- Medical Assisting Paralegal Studies

Lifetime job placement assistance. Day, evening, weekend & online classes. Financial aid & scholarships for those who qualify.

CALL TODAY! (866) 899-9471

mildred-elley.edu

The Power to Change Your Life 25 Broadway, Floor 16, New York, NY

GM. CEO says she did not know about car defects until January

General Motors Co. Chief Executive Mary Barra said that she did not learn details about defective GM cars linked to 12 deaths until Jan. 31, just two weeks after she took over as CEO and nearly 13 years after GM engineers first documented problems.

Last month GM recalled 1.6 million cars from 2003 to 2007 to replace faulty ignition switches that could

cause engine shut down and turn off the air bags.

Barra said she learned in late December, when she was still head of GM's global product development organization, that there was a review of the Chevrolet Cobalt, one of the cars subsequently involved in the recall. She added she was not told the details of the review at that time, **reuters**



"I am very sorry for the loss of life that has occurred.

Said at a roundtable meeting with reporters on Tuesday.



Google, Viacom settle landmark YouTube lawsuit

Google Inc. has settled a landmark copyright lawsuit in which Viacom Inc. accused the Internet search company of posting its programs on the

YouTube video service without permission.

The settlement ends seven years of litigation that drew wide attention from Hollywood, the music industry and Internet companies, and which tested the reach of a federal law designed to thwart piracy while letting people find

entertainment online.

This settlement reflects the growing collaborative dialogue between our two companies on important opportunities, and we look forward to working more closely together,' Google and Viacom said in a joint statement.









Call or Text the word SmileCafe

Proven Laser * Dentistry BEST Fees & Quality Guaranteed on all procedures as low as \$999*

> ZOOM! Whitening

Now Only \$199 - Exam/Cleaning \$49*

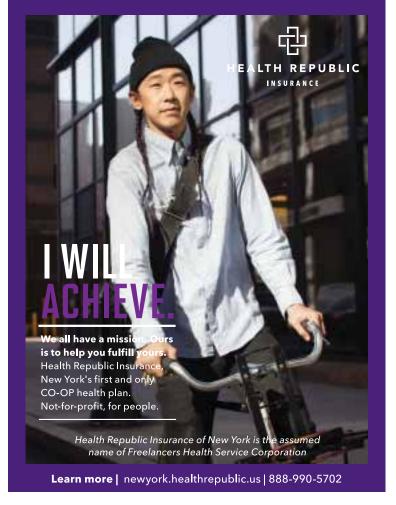
Natural Strong Dentures as low as \$999*

Discover Natural Veneers as low as \$999*

"You too can have a Natural Gorgeous SEXY Smile for as low as \$99/month* by NEW 3D imaging CAD/CAM Laser @ Relaxing Holistic Park Ave Dental Spa!*

Treatment of pain, Bad Breath/Halitosis, Gummy Sm *Promotions end 3/31/14. Must qualify. Limitations apply. Please visit site & call for details before making a commitment.







Has Courtney Love found missing Malaysia Airlines flight #MH370?





Designer L'Wren Scott's sudden death was made even more shocking when her social media accounts continued posting several hours after she died. Because of previously scheduled posts or a PR team that wasn't yet aware of her passing, several Facebook posts and tweets appeared after her death was announced, confusing and upsetting her followers. Perhaps the eeriest image was the above photo of several of L'Wren's designs hung

from a tree and apparently lit from within, which appeared on the designer's Facebook hours after her death was announced. A strange, ghostly image indeed, after the designer's apparent suicide.

Her Twitter account also remained active, leaving some fans unsure of whether her death was a hoax or not. Fashion blogger Bryan Boy shared a befuddled screenshot and tweeted, "But L'Wren tweeted 3 hours ago????



Courtney Love is about as

stable as Los Angeles was

at 6:25 a.m. on Monday. If given the choice, I would not elect Courtney

to the position of Flight 370 Finder-in-Chief. For that, I'd probably go with an international team of aviation experts. However, the international team of aviation experts haven't turned up much, have they? Every day they widen the search area so much that presume we'll soon be looking on the moon. Courtney Love, on the

other hand, believes she knows exactly where it

is, so maybe we ought to

close this does look like

a plane and an oil slick,"

she tweeted, with a link

to the photo to the left.

"I'm no expert but up

She then tweeted that

the plane was "like a mile

away Pulau Perak, where

ľ really don't know

what I'll do with myself

if it turns out she's right.

Then again, "Courtney

Love Finding Missing

People All Around the

they 'last' tracked it."

give her a shot.

Lexington Plastic Surgeons Your complete scar care treatment facility



www.SeeLasik.com

Get rid of unsightly scars once and for all.

- Keloids Burns Rosacea
- Acne Scars
 Stretch Marks
- Port Wine Stains

VISIT **LEXINGTON PLASTIC SURGEONS FOR YOUR CUSTOMIZED** TREATMENT





www.LexingtonPlasticSurgeons.com

1-888-571-9178

most insurance accepted

for LASIK Surgery for Both Eyes (\$4000 originally)

ORIGINAL PRICE \$4.000

DISCOUNT 53%

YOU SAVE \$2.105



Call Today for a

212.759.9617

FREE consultation!

• Board-certified LASIK surgeons exclusively dedicated to Laser Vision Correction

• 50,000 + LASIK Surgeries performed

• Tri-state's only center with 4 different lasers to best customize your LASIK

* Special offer valid with this ad only. The offer is good for Standard Lasik. Additional fee for Custom & Bladeless Lasik. Some restrictions may apply.



'Rocky' describes the play perfectly



Theater. The movie franchise comes to the stage — this time, it's a musical.

After about two hours of lackluster development, "Rocky" — the musical adaptation of the film that put Sylvester Stallone on the map — bursts into glorious life as Rocky (Andy Karl), the Italian Stallion, meets his nemesis, Apollo Creed (Terence Archie), in a championship bout bristling with electricity.

Rocky, a two-bit palooka past his prime, got the match on a fluke. Undefeated Creed is his antithesis: smooth, confident and always flanked by three eye-catching Apollo girls.

Director Alex Timbers boldly thrusts the boxing ring into the orchestra for

LIBI.edu

the match, dispatching patrons to bleachers onstage. Rocky enters with modest fanfare. Creed appears as a star-spangled Uncle Sam, with enough wattage to light up Philadelphia, where the musi-

cal takes place. Once the fight begins, excitement never stops. Rocky starts out slow, but soon finds his momentum as the boxers exchange blow after blow in a perfectly choreo-graphed dance of destruction. It's nothing short of

If you go

'Rocky'

Open-ended run . Winter Garden Theatre, 1634 Broadway \$39-\$143, 212-239-6200 www.rocky broadway.com

spectacular.

A climactic climax is a good thing, but so is a buildup that builds up. "Rocky" is decidedly short on the latter. Rocky woos and wins girlfriend Adrian (Margo Seibert) and trains intensely for the fight, but there's little dramatic spark. Rather than move the plot forward, songs seem to slow it down. Character traits are communicated with a sledgehammer. Rocky is dumb and Adrian shy, and, lest we forget, we're told again and again. Savvy use of back-projections doesn't help. "Rocky"'s 20-minute fi-

nale is so exhilarating you might forget the flatness that precedes it. It's a terrific payoff, but it comes at a cost.

MICHAEL BRACKEN

IT'S YOUR TURN

ASSOCIATE'S DEGREE → EXCITING CAREER ➤ GO EVEN FURTHER

Our degrees are transferable so why limit yourself? Ask about our college partnerships.

l ifetime lob Assistance

International GED+DEGREE Students Welcome!

Certificates: (8 months) · Homeland Security & Security Management

- · Digital Marketing
- · Elder Care Management
- · Merchandising and Management
- · Health Administration and Technology
- Community Interpreter
- · Hospitality Management

STATE AND FEDERAL FINANCIAL AID AVAILABLE TO THOSE WHO QUALIFY



Earn an Associate's Degree in:

Emergency Care Management

Office Technology/Medical Office

Hospitality Management

Business Management

LONG ISLAND
BUSINESS INSTITUTE | Creating Success Stories Since 1968

136-18 39th Avenue, 5th Floor, Flushing NY 11354 | **libi.edu** 718.939.5100 For consumer disclosure, please visit www.libi.edu & click Consumer Information link.

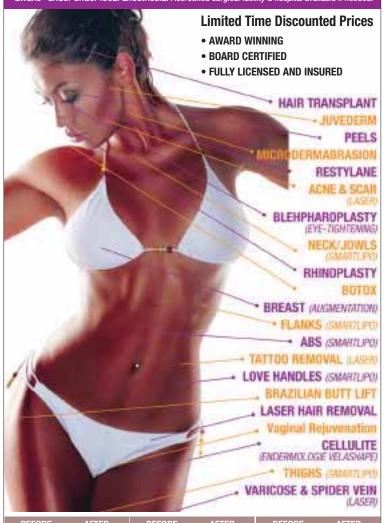
Beauty is in the Curves

www.nybeautysurgeon.com

VISIT BBLDOC.COM

To See Our Amazing Before and After Pictures of Brazilian Butt Lifts.

For your comfort and safety all procedures at our facilities are performed "awake" under under local anesthesia. Accredited surgical facility & hospital available if needed.





New York Laser Lipo

Surgical & Non-Surgical Cosmetic Enhancement for Men & Women

(212) 695-1999

(718) 745-7172

1 West 34th St. • Ste. 402, NYC 334 86th St. • BKLN, NY 11209

SE HABLA ESPANOL

Financing Options Available Insurance not accepted

How to become an esthetician?

Learn with the FIRST **Esthetics School in the USA!**

Full Time & Part Time classes Evening, Day, Weekend, etc **Esthetics - Nail Specialty - Waxing**

CALL TODAY 212-779-7800



CALL US NOW! DON'T WAIT!! 212.300.5776



metr⊕

Lifelong friends.

Emily Mortimer and Dolly Wells teamed with Azazel Jacobs to make "Doll & Em."

A Doll's house

What's in a name?

That Dolly Wells and Emily Mortimer are called Dolly and Emily on HBO's "Doll & Em' wasn't always intended. "We were calling each other by our real names, thinking it wouldn't be seen by anyone but us," says Mortimer. "We were too lazy to come up with others." Their fate was sealed when filmmaker Azazel Jacobs labeled the file of the test episode "Doll & Em," which still makes them queasy. "We've had moments of hating it," says Mortimer.

Jacobs agrees: "Their friendship is where this came from. ... At the very base of this is something true, and that's in those names."

Best of the



In the HBO comedy "Doll & Em," Dolly Wells becomes the personal assistant of her lifelong bestie, the actress Emily Mortimer. Over six episodes, Mortimer and Wells, who has so far largely worked in British comedy (including being one of Bridget Jones buds), explore a friendship as a crack runs slowly through it. In real life, only the bestie part (and Hollywood Mortimer's stardom) is true.

'We have a shorthand where we can understand each other," Wells explains.

"We find things fun-nier sooner than somebody watching us. We fill silences with words," says Mortimer. "We needed someone else in our lives.'

That person became Azazel Jacobs, the filmmaker of oddly rhythmic

Quoted

"It has the production values and the sensibility of a movie. But it just happens to be on television."

Mortimer

comedies like "Momma's Man" and "Terri." (He's also the son of avant-garde titan Ken Jacobs.) "I think if there's anything I brought to the process, it was being someone who's outside a relationship that's so incredibly tight," Jacobs says. "They have their own language. They don't have to say many words for the other person to understand them. I felt like a conduit. I could sense what the

audience would feel like [watching them].

Mortimer and Wells had long wanted to work together. They thought it would be funny if Wells played an assistant, and modeled the overall arc - in which Wells starts getting more attention than Mortimer — on "All About Eve." Another influence was the Harold Pinter-scripted psychological thriller "The Servant" (albeit told with two giggly, sweet-natured people deathly afraid of confrontation).

They brought in Jacobs, who they had known since his days studying at the American Film Institute. He suggested making it into a self-contained TV show. They shot a test pilot while Mortimer was filming "The Newsroom."





laser hair removal choose from lip, chin, cheek, underarm, hands & fingers, feet & toes or neck area fractional laser reduce acne scars, stretch marks, wrinkles & fine lines anti-aging treatment clear+brilliant Prevents signs of aging. Improve tone and texture, reduces dark pigmentation and reduction of pores

besties



13



The test became the first 20-minute episode.

Jacobs wrote the scripts with Mortimer and Wells.

"It became what we then decided what we wanted it to be, which was a movie with all the aesthetic qualities of a filmmaker's movie, made over six episodes," Mortimer says. "It has the production values and the

sensibility of a movie. But it just happens to be on television.

The fact that it's about showbiz came about not because they had a burning desire to add to the deep genre devoted to it.
"We tried other things

before, but they weren't things we knew very well, particularly," says Wells. The idea of being actors we both really knew about. There was something about me being an assistant that really resonated with us, because it seemed so funny and sad at the same time. That's our humor. There's a darkness to it.'



START YOUR HEALTHCARE **CAREER WITH US!**

Join us for a Medical Career Workshop Thursday, March 20th 12:00pm and 1:00pm

WE OFFER PROGRAMS IN:

- CLINICAL AND ADMINISTRATIVE **MEDICAL ASSISTANT**
- SURGICAL TECHNOLOGIST
- MEDICAL BILLING AND CODING
- Convenient Manhattan campus (Chelsea)
- Flexible day and evening classes
- Experienced faculty and staff
- Financial aid (for those who qualify)



wedish Institute's programs are registered with and regulated by the New York State Education Department.

Accredited by ACCSC. For important information on program costs, completion and placement rates,

median debt incurred, etc., please visit googl/hacsRh.

PODIATRIS

The Most Advanced Techniques Used for Bunions and Hammertoes

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasiitis (Heel and Arch Pain)

New Treatment For Heel Pain, Shockwave, PRP as seen on the front page of The New York Times

Platelet Rich Plasma Therapy (PRP)

Take the Foot Health Checkup

- My toenails are streaked, discolored, thickened.
- The side of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight they are crooked, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thicker no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- · My ankles are swollen most of the time.
- My feet are always dry and scaly sometimes they itch.
- · My feet just hurt all over when I stand or walk a lot.
- · I have numbness, burning, infection, persistent pain, skin rash, or open sores.

Feet Hurt? Bunions? Hammertoes?

Heel Pain?

Now Featuring

genesisphs cutera

Helps Eradicate Fungal Nails

If any of these apply to you, call today.

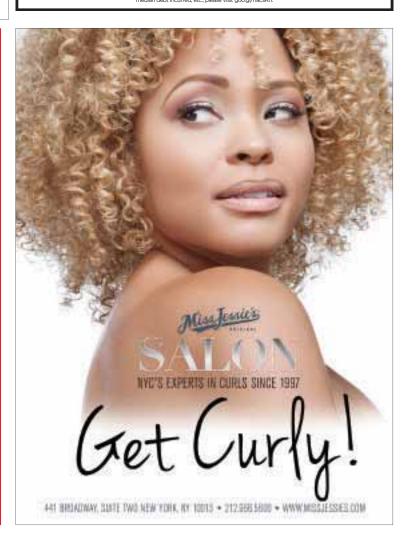
Dr. Paul Drucker, DPM Dr. Martin McGrath, DPM 184 East 70th Street, B1 Between Lex and 3rd Ave 212-772-3500

Dr. Paul Drucker, DPM Dr. Martin McGrath, DPM 121 E. 60th St. Suite 3D (Between Lex & Park) New York, NY (212) 486-7333

Dr. Paul Drucker, DPM 162-15 Highland Ave Jamaica, NY 11432 (718) 658-9383

Dr. Ernest Levi, DPM Grand Central • 30 E. 40th St., Suite 401 212-685-5100

Patient is responsible for co-pays & deductible • Most insurance plans accepted • Complete family foot care • Laser surgery available



HOME

14



Priciest

\$74.5M





Cheapest *\$225,000*

Hill. Marketed by Citi Habitats, this studio space and hardwood floors. The building has a live-in super, a bike room and a laundry room.

StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.



AT HOME WITH metr



The newest luxury rental building downtown is open and quickly leasing. Come home to The Lara, located at 113 Nassau Street, where studio, one- and two-bedroom apartments are available for immediate occupancy. Enjoy membership to the amenity-laden Nassau Club @ The Lara. Monthly rents range from \$2,900-\$6,150, and new residents receive one-month free for a limited time.

rent@laranyc.com www.thelaranyc.com 212-227-8181 113 Nassau Street New York, NY 10038



Fresh new rentals for spring (See more at www.metro.us)

Sneak peek. Check out these two buildings about to open their doors to their first residents.

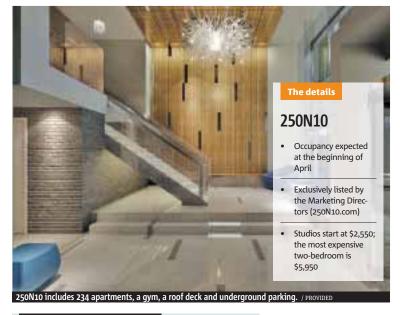
Blame it on the trendiness of Bedford Ave., the proximity to nearby McCarren Park or the general cache of the neighborhood, but there's no denying the rapid rise of residential development in the past few years in North Williamsburg. The newest kid

on the block comes in the form of another colorful high-end rental building rounding the corner of Union and North 10th.

250N10, LCOR's newest development at 250 N. 10th St., brings 234 new units to renters looking to move into never-lived-in space this April. With a curving, multi-colored glass facade — reminiscent of, though not identical to, the developer's nearby 4-year-old project 34 Berry St. — the building brings high-end amenities and creative layouts to new tenants.

"The shape of the building is unique," explains Kirsten Risko, director of marketing at LCOR. "The building fits into the block sort of like a jigsaw puzzle." The building isn't cookie cutter on the interiors either, with the 64 studio, one-bedroom and two-bedroom layouts each a little different from the others.

Residents will have access to a variety of amenities, including two shared outdoor spaces: a sprawling, wide, green space on the second floor and a landscaped roof deck



What the people want in 2014

Here are the top searches so far, according to data from StreetEasy.com.

- Most popular amenities
- 1. Doorman
- 2. Flevator
- 3. Pets Allowed
- 4. Outdoor Space
- 5. Washer/Dryer
- Most popular neighborhoods
 - West Village
 - Greenwich Village
 Chelsea
- 4. Flatiron
- 5. Gramercy Park

with an outdoor shower and views of Manhattan. With a gym, a coffee bar, underground parking and a residents lounge to boot, the building pulls out all the stops to provide luxury this spring. It's safe to say that if there are still hipsters moving to Williamsburg, they're living well.

Continued on page 16



At CWC Williamsburg your child will receive:

- + A free progressive education within a diverse school setting;
- + Small class size where all students receive individualized attention;
- + Two certified teachers in every room;
- + Art, music, dance, and yoga instruction for all students;
- + After-school enrichment program until 5:45pm;
- + **Pupil transportation** provided through the NYC Office of Pupil Transportation.

Citizens of the World Williamsburg Charter School 424 Leonard Street, 3rd Floor, Brooklyn, NY 11222 Email: enroll.williamsburg@cwc-newyork.org

We are located across the street from McCarren Park, 2 blocks from the G train at Nassau, and 10 minutes from the L train at Lorimer.



PARKCHESTER

SPACIOUS LIVING • AFFORDABLE RENT



ELEGANT NEW KITCHENS • GRANITE COUNTERTOPS NEW APPLIANCES • STAINLESS STEEL FINISHES

1 & 2 BR RENTAL APARTMENTS START AT \$1125 PER MONTH*

MACY'S, STARBUCKS, APPLEBEE'S, SUPERMARKETS, blink FITNESS and MUCH MORE ALL ON-SITE • 24 HR ROVING SECURITY

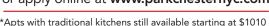
30 MIN TO MIDTOWN • NO BROKER FEE • EARLY & FUTURE OCCUPANCY

Open House: Tues & Thurs 5:00-7:45pm • Sat 10am-1:45pm



917-634-5295

or apply online at www.parkchesternyc.com





SEARCH IT. FIND IT. BUY IT.

metr@classifieds

Met Council is accepting applications for the waiting list of affordable housing rental apartments in our building located at 334 East 92nd Street, NY.

For one person households, applicants must be 62 years old at the time of application; for two person households, the applicant must be 62 and the co-applicant 55 at the time of application.

Current Rent Range studio: \$883 - \$1153

Income Range: \$37,257 - \$48,100 (1 person household)

Current Range 1 bedroom: \$989 - \$1238

Income Range: \$41,538 - \$48,100 (1 person household) \$41,538 - \$55,000 (2 person household)

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

Applications may be downloaded from: www.metcouncil.org/housing or requested by mail from Met Council: 334 East 92nd Street Residence 120 Broadway, 7th floor New York, NY 10271

Please include a self-addressed envelope.

No broker or application fee.





Continued from page 15

Swanky hotels and stalwart wholesale shops live side by side in trendy NoMad, a neighborhood that has seen a resurgence of activity in the past half decade. Yet the crowds that visit the area every day seem to be, well, just visitors, as the rise of boutique lodging and whiskey halls hasn't been joined by the addition of many new residential properties.

Douglas Elliman, NYC's largest brokerage, is bringing to market a new building this spring that bucks that trend. The Centurian, a new conversion at 1182 Broadway, brings luxury rentals to the area in a way that fits into the lofty commercial feel of the neighborhood without compromising comfort in the units.

"The Centurian is unique because it is a rental. One typically only sees this level of finish and interiors in a condo," reports Cliff Finn, executive vice president at Elliman Development Marketing.

And at a lofty age of more than 100 years since it was built, the building's history is not lost in the design. The developers, longtime building owner Mocal Enterprises, kept and restored the original copper window frames, dented and dinged from their century of use. The 10-foot ceilings provide an airy feel to the units, which feature the luxuries you'd expect from a high-end rental - washer/dryers and Sub Zero refrigerators — with some added benefits such as garbage disposals, which were illegal until 1997 and somehow still feel scarce in Manhattan.

When move-ins begin (possibly in late April/early May, depending on an impending TCO from the city), we'll see whether residents

The details

The Centurian, 1182 Broadway

- Occupancy expected in early May
- Exclusively listed by Douglas Elliman (The CenturianBuilding.com)
- Studios through onebedroom/2.5-bath units, ranging from \$5,750-\$15,000

are able to accept the prices to live in this booming area. Expectations will be high, as explained by Elliman's Finn, but with so few properties like this nearby, being one of the only options may inevitably make you one of the best.

JARED KLEINSTEIN @metronewyork

Met Council is accepting applications for the waiting list of affordable housing rental apartments in our building located at 231 East 77th Street. NY.

For one person households, applicants must be 62 years old at the time of application; for two person households, the applicant must be 62 and the co-applicant 55 at the time of application.

Current Rent Range studio: \$1014 - \$1153

Income Range: \$42,513 - \$48,100 (1 person household)

Current Range 1 bedroom: \$1065 - \$1238

Income Range: \$44,584 - \$48,100 (1 person household)

\$44,584 - \$55,000 (2 person household)

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

Applications may be downloaded from: www.metcouncil.org/housing or requested by mail from Met Council: 231 East 77th Street Residence 120 Broadway, 7th floor New York, NY 10271

Please include a self-addressed envelope.

No broker or application fee.



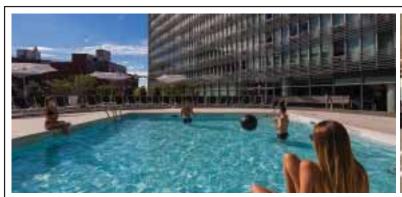




Includes:

- 17 Feet of Frontage
- 3000 Square feet of retail
- 2000 Square foot with 9 ft ceilings basement
- HVAC unit in place
- Two bathrooms
- Long term lease
- Prime West Village/Meatpacking location

For more information
Call Joe Montalto 917-406-3680







From Two Trees Management Company and visionary architect Enrique Norten come a luxury rental complex spiraling 29 stories above the city. Ideally situated on the western edge of Midtown Manhattan, Mercedes House offers stunning studio, 1 bedroom, 1 bedroom with home office and 2 bedroom rentals with unobstructed views of Hudson River. At Mercedes House, luxury is in the details. Contemporary custom kitchens and exquisite finishes are hallmarks of every residence. By day, sunlight spills through the floor-to-

ceiling windows that frame sweeping views of the city. At nightfall, the play of light and shadows is magical. With its sleek interiors and generous floor plans, every home is a quiet counterpoint to the world's most vibrant city. Residents of Mercedes House don't just rent a home, they embrace a lifestyle. This modern tower of glass & greenery houses an extraordinary array of amenities, including a state-of-the-art wellness center & health club, spa facilities, indoor & outdoor swimming pools, two outdoor decks with green space

for sunbathing, bocce & yoga, indoor basketball court, spinning studio, and more! Studios from \$2,900; 1 BRs from \$3,200; 1 BRs with home office from \$3,700; 2 BRs from \$4,600. Leasing office is open daily between 10AM - 6PM.

Address: 550 West 54th Street New York, NY 10019 **Phone Number:** 212.876.6666



Website:

www.MercedesHouseNY.com









STUNNING RENTAL APARTMENTS WITH 80,000 SQ FT OF UNRIVALED AMENITIES Studios from \$2,900 | 1 BRs from \$3,200 | 1 BRs with Home Office from \$3,700 | 2 BRs from \$4,600

NOW LEASING | 550 W. 54th Street | MercedesHouseNY.com | 212.876.6666







W LEASING



OPEN HOUSE

Saturday, March 22nd, 12 – 4 p.m. Join us for one-day-only leasing promotions!



It's time to experience Twenty50, where brand-new, ultra-luxury rental apartments offer spacious layouts, condo-style finishes, superior amenities & spectacular views of the George Washington Bridge, NYC skyline & Fort Lee.

24/7 Concierge | Fitness Center | Outdoor Swimming Pool Wi-Fi Business Café | Residents' Lounge | Library Pet-friendly | On-site Parking Available

1BRs FROM THE \$2,400s - 1 MONTH FREE* 2BRs FROM THE \$3,300s - 2 MONTHS FREE*

Immediate Occupancy Available







On-site Leasing Center | Open Daily 2050 Central Road, Fort Lee, NJ 07024



(855) 786-5470 | RentTwenty50.com

*Prices are based on availability and subject to change. One and two month rent-free leasing promotions are offered for a limited time on select homes. Promotion cannot be combined with any other offer or incentives. Please contact the leasing center for deadline and details.



The dirt on keeping clean

Chores. Boyfriend barfed in your handbag? "Ask a Clean Person" columnist Jolie Kerr has a solution.

Take heart, not-so-clean person: With a delightful mix of self-help and humor, Jolie Kerr is here to turn your messy life into one of order and beauty (or at the very least, inspire you to make your bed in the morning). In "My Boyfriend Barfed in My Handbag ... and Other Things You Can't Ask Martha," Kerr has taken the tricks and advice that made her column, "Ask a Clean Person," so popular on Deadspin and Jezebel, and compiled them into one handy and, yes, neat

What is the No. 1 cleaning dilemma for apartment-dwellers? Too much stuff/too little

space for it. Though, to be frank, this happens to homeowners too. But smaller spaces present storage challenges that can be so difficult for people to overcome. Generally speaking, there needs to be a combination of getting rid of things and finding the right storage solutions for the things you do have.

What is the most overlooked cleaning task for women? For men?

I actually don't think there's much of a gender divide there. The questions I get from men and women are more similar than dissimilar. One exception would be bra washing for women - the ladies are really just not washing their bras often enough!

How did you become a clean person?

Gosh, this is the \$64,000 question! I was sort of always this way, which is a terribly unsatisfying answer. And I started writing my column as mostly a hobby — it was just a fun thing I did, sharing

the body of knowledge I'd built up over the years.

Which is the one cleaning item you can't live without and why? Scrubbing Bubbles. I

mean, there are so many to choose from, but yeah, those bubbles delight me. I clean my bathroom twice a week, so having a product that basically does all my work for me is so marvelous.

What is the first step a not-so-clean person can take to put them on the path of order and cleanliness?

Committing to writing what they'd like their home to look and feel like is something I can't recommend enough. ... Identifying where your home makes you feel panicked or bad and then considering how you'd like to change that is a really powerful step.

When you go to the home of a not-so-clean person, what's the first thing you think?

"Thank you so much for having me to your home! Oh yes, I would love a glass of wine, sure!'





Why is keeping a clean and orderly home important?

It can make life easier, for sure. Things like not losing your keys, or realizing too late on an interview day that your lucky blouse has a stain on it — those are benefits of keeping things orderly. But some people thrive on chaos, so getting into why being clean is "important" isn't so much my focus. ... If people want my help, I'm available, but I'm not interested in dictating to people how to live.





"This is why I don't do selfies. I hate selfies! It's too wide, it's too wide! Take the light away. Okay I'll go to the shelf over there," Karl Lagerfeld says. We're

from Paris for a quick trip to London to celebrate the launch of his first flagship store in the U.K. for his eponymous clothing line and his new perfume

things at the same time. I do photos. I work on the collections to come, cruise and all that. For me, something like a launch in Paris is almost like recreation

KARL LAGERFELD

We catch up with the designer in London to talk about street style and the recent Chanel fashion show everyone is still buzzing about.

SELFIES, NORMCORE AND MORE

in a hotel suite in Mayfair, London, and I'm following him from one corner of the room to another as we search for the correct light and the right angle to take the perfect Instagram. "Oh wait," he gives my iPhone back to me. "Please turn it. I can only see you. I can take a selfie of you, hmmm?"

Karl then settles for a softly lit spot next to a bookshelf. He looks remarkably spry and energetic considering that he's just gotten off a plane range. He plans to fly back home as soon as the parties are over. But first there is an interview to do and selfies to take. "I think they're electronic masturbation," he says. But he does one for us anyway.

You've opened a new store and launched a new perfume. This is a big week for you.

This is a big week, but I'm used to this kind of week so I don't consider them really big. For me, it's a normal week. I do so many for me. Because it's different from the normal daily discipline and work.

There's been a lot of talk this week about something called normcore. It's the idea of looking plain or boring, but with intention and

Some people don't have to make an effort to look boring, eh? I don't know how irony and plainness can go together. Me, I look the way I look. My look was not a marketing process.

Don't ask Karl Lagerfeld for a selfie. / GETTY IMAGI

Bonus question

You set the Chanel show in a supermarket. When was the last time you went grocery shopping? In a photo shoot for ELLE magazine. You see, it's a part of daily life today on every social level. Everyone goes to the

supermarket. That's why

I had in the center of the

show the chic couple with the Chanel bag because also they go there. It's like a modern pop world. But I don't shop. The show was unbelievable. And people stole everything out of there. Even the food, eh? And the food was supposed to go to the poor.

I had shirts with high collars already 30 years ago. I can show you photos from Helmut Newton in the '70s with shirts like this. No, I don't want to have a plain look. But perhaps I should because I cannot cross the street without people wanting to photograph me. But the word "plain" alone is something that even with irony I prefer to escape. But I'd have to see photographs of this normcore and see it visually and

Your clothes are obvious hits on the street style circuit. What do you say to those who argue that street style culture has gone too far?

This [street style debate] is a fake problem. Everything changes. I think in today's world there's also big change in magazines and in the collections. We live in the middle of change. Look at how the world has changed since this and all that. The computer has changed it all. Fashion is about change, and the world is about change, too. The changes in the world are not as quick as the changes in fashion. But we are in the middle of a huge change. I say: Don't compare the present to the past if you want to survive happily in the next period. You have to adapt. Times don't have to adapt to you. And then you start to say, 'Oh the good old days!' And then you're over.

To read the full interview, go to ModMods.com.



@metronewyork kenya.hunt@metro.lu







DR. WW MEDSPA

Dr. Huachen Wei. MD PhD FAAD

A board certified dermatologist and a full professor of dermatology at Mount Sinai Medical Center.

Cosmetic injection:

Botox, Restylane, Juvederm, Radiesse, Artefill

Laser Center

Facial Wrinkle, Acne Scars, Stretchmarks, Tattoo Removal, Freckles, Aging Spots, Pigmentation, Hair Removal, IPL, Photorejuvenation & Skin Tightening.

> Subscribe to our newsletter and get a free consultation. www.drwwmedspa.com

ArteFill \$899 for first syringe

- FDA approved long lasting filler.
- Clinically proven, the result can be lasting more than 5 years.

After 8 treatments







One i-Lipo Trial **Treatment \$99**

(Value \$300) Dr. WW signature facial \$39, Reg \$95 (First time visit only)





Dr. Wei



After

Health. Walk to raise awareness of brain injuries this weekend

All it takes is one second for a brain injury to completely alter someone's life. Dr. Lois Tannenbaum knows this through her research as president of the Brain Injury Association of New York State. But she also knows it through experience: Fourteen years ago, a car accident killed her fiance and left her with a brain injury.

This Saturday's firstever March on for Brain Injury will take participants across Poughkeepsie's Walkway Over the Hudson. Tannenbaum hopes to not only raise awareness of brain injuries, which strike 400 New Yorkers every day, but also change misconceptions.

"People think of brain injury as an event — it happens and it's over," she says. "But it becomes a lifelong disability.'

You can still register (\$20) and fundraise for the walk by visiting www. bianys.org/marchonregis tration. **MEREDITH ENGEL**



aum, left, and Tucker were in Washington, D.C., last we for National Brain Injury Awareness Day. / PROVIDE

First-person

Angela's story

Angela Leigh Tucker, 35, has a traumatic brain injury stemming from a car accident in 2008. She now advocates for victims on Capitol Hill and recently co-authored a book about her experience, "Me Now - Who Next?"

"I was a vice president of a public relations firm,

newly wed and driving back to a newly purchased home when the car crash occurred. I awoke six weeks later and learned my husband was killed in the crash. My reality changed in an instant.

"That was in 2008, and I've been healing ever since. BIANYS has been an important part of my recovery."

Dr. Harold G. Edwards & Associates

4779 BROADWAY (AT DYCKMAN)

- Specializing in braces for all ages
- Invisalign Premier Elite Provider
- State-of-the-art equipment and technology
- Convenient Saturday appointments available
 - Affordable, interest-free financing



INVISALIGN SAVE \$1500 OFF REGULAR PRICE

www.newyork-orthodontist.com | www.orthodontistsmanhattan.com



WE ACCEPT MOST INSURANCE PLANS

When it comes to your smile, don't settle for anything less than extraordinary!

Call us today for a free consultation (212-567-1006)



SPECIAL PRICE \$299



21

See more at Which workstation www.metro.us alternatives are worth it?

Work better. These tools give new meaning to the phrase "desk job."

"Sitting is death," a colleague likes to remind the Metro newsroom. Morbid? Yes. True? Alas, yes.

The studies are in, and they are all horrible. A damning report from the journal Diabetologia, which looked at 18 studies involving nearly 800,000 people, found that the average adult spends 50 to 70 percent of his or her time sitting, and that those who sit the most had "a 112 percent increase in their relative risk of developing diabetes, a 147 percent increase in their risk for cardiovascular disease and a 49 percent greater risk of dying prematurely — even if they regularly exercised."

What's a chronic sitter, aka the average office worker, to do? We need to change how we work. So, we looked at three alternative office chairs and workstations to gauge how realistic they are in the workplace.

The Buoy

Overview: If you've always wanted to sit on a stability ball at your desk but think you need something a bit more professional, the aptly named Buoy is your chair. The Buoy (starting at \$199) is basically a wobbly stool with no back, so it encourages movement and sitting up straight. It is not scientifically proven to be healthier for you, but if you take the chair's hint — move! — it can be very beneficial. Review: While attractive and fun, the Buoy isn't an all-day desk chair. But for brief periods, it's great. Ideally, we'd love to use Buoys around a small conference table for more casual meetings.

FitDesk X

Overview: This is a bike desk so basically a stationary bike with a desk platform in front of the handlebars. The FitDesk X is streamlined so it doesn't take up too much space. Its workstation has room for a laptop and is tilted so that typing while biking is possible, although we primarily used it to browse social media (for work, of course). As bike desks go, it's comfortable, quiet and, at around \$250, within most budgets. Plus, it folds up easily. Frankly, it's a great invention, one that will help a lot of people make sure they don't die



an early death while updating their Facebook accounts. Review: We all thought the FitDesk X would be our savior. Work out while at work? It was too good to be true. And it was. The FitDesk was novel but it's hardly been used. Why? Because it's awkward to be huffing and puffing next to your co-workers and then go into a meeting slightly sweaty. It's perfect for home while surfing the Net and watching TV, but not so much the office. However, if you are in the market for a bike desk, we highly recommend the FitDesk X.



DOROTHY ROBINSON @DorothyatMetro



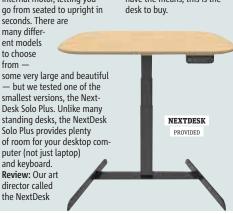
NextDesk Solo Plus

Overview: NextDesk is the Mercedes-Benz of standing desks, made in the USA using sleek, sustainable materials such as natural bamboo and recycled aluminum. Sure, it's stylish, but what makes it so great is that it has a quiet internal motor, letting you go from seated to upright in seconds. There are

many different models to choose

some very large and beautiful — but we tested one of the smallest versions, the Next-Desk Solo Plus. Unlike many standing desks, the NextDesk Solo Plus provides plenty of room for your desktop computer (not just laptop) and keyboard. Review: Our art director called

Solo Plus "the greatest thing to ever happen to Metro." Our movie critic said he felt "refreshed and lively" at the end of the day. This is the revolution office workers have been waiting for. There is only one (big) drawback: the price. The one we tried comes in around \$1,000, which is a lot for a workstation. But if you have the means, this is the



JALITY DENT

THE SAME DAY

NY's Place for same day dentures for over 35 years

Smile with Confidence

NEW PATIENT PACKAGE MAINTENANCE \$ QQ DIGITAL X-RAYS DENTURE

DENTURE REPAIRS AND RELINES WHILE-U-WAIT! FREE CONSULTATION

You Can't Afford to go Anywhere Else!

MOST INSURANCE PLANS & NY STATE MEDICAID WELCOME or Cit. Discounts on new dentures and crowns Full Service State of-the-Art Cosmetic Dentistry

224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)



CALL NOW! www.denturecenter.com

When You Smile, The Whole World Smiles With You - Louis Armstrong

- 1. Smiling can make you happy, even when you are not
- 2. Smiling also makes others around you feel happier
- 3. High blood pressure? Smiling helps lower it and can help relieve stress
- 4. You'll look and feel younger with a beatiful smile because it instantly lifts your face
- 5. Smiling releases natural pain killers... so the next time you want to say "ouch!" just lift the corners of your lips

MANHATTAN DENTAL SPA

NY's #1 Dental Office

Elite Provider of Invisalign for 9 years



when you come in for a cleaning. xray & exam. Offer Expires: 3.31.14

INVISALIGN

financing as low as

PER MONTH

The Clear Alternative To Braces Offer Expires: 3.31.14

200 Madison Ave, NY, NY 10016

212,683,2530

22

Missing Teeth Chew Better! Get Implants

Free Implant Consultation



www.newcenturysmile.com (View Our Implant Video)

- Tighten Existing Dentures
- Replace Dentures with Fixed Teeth
- Regrow Bone
- Eliminate Gum Disease
- Over 25yrs Experience

All Dental Services Available Most Insurances Acce FINANCING AVAILABLE

(212) 752-2212

New Century Smile

George Manthas, DDS Howard B Marshall DDS 250 E. 58th St. NYC NY 10022



\$1 ZOOM! Laser Teeth Whitening

(w/Check-up and Cleaning*) *covered by your PPO Dental Plan



Up to 12 Shades Whiter in just 1 hour

Call (212) 537-6923 - Open Weekends and Evenings

30 East 40th St. #105 • 1 block from Grand Central Station Ph (212) 537-6923 • www.Zoomfor1.com (exp 3/31/14)

metr⊕

TAKING ON YOUR HEALTH QUESTIONS

www.metro.us Wednesday, March 19, 2014

Over the last few weeks, I've received great letters from readers asking how they can be healthier. I thought I'd try to address some of those questions in this column.

A big caveat: I'm not a doctor, nutritionist or fitness expert. I can only say what's worked for me. Before starting any dietary or exercise regimens, talk to your doctor.

That said, here are some tips I've found helpful.

Write it down

When I asked my trainer Matt what he would recommend people get as one piece of fitness equipment if they can't join a gym, his answer was simple: paper and a pen.

'There's something powerful about writing down your goals," he told me. "You're more likely to reach for it if you literally spell it out."

Other items Matt



recommends: a heart rate monitor to make sure you're working at your target rate, and a jump rope - it's cheap and can give you a full-body workout.

Start small

I was really intimidated about returning to a gym, but I found that the first step was to literally take steps. If you're not currently exercising, start with a five-minute walk.

In addition, stairs are ready-made for exercise. When I can't get to the gym, I run up and down my three flights of stairs several times, with bonus points for holding makeshift weights in each hand (a 1-liter bottle of water is about 2 pounds, a bag of sugar weighs 5 pounds,

Snack smart

Protein bars, smoothies,

Progress report

Starting stats

(as of Jan. 29)

Weight: 209.5 pounds **Body Mass Index** (BMI): 36 Chest: 48 inches Waist: 41 inches Hips: 48.5 inches

Current Stats

(as of Mar. 17)

Weight: 191.5 pounds **BMI:** 32.9 Chest: 42.13 inches Waist: 38.13 inches Hips: 43.5 inches

and snack-size packages are convenient, but can be deceptive. A bottle of juice can have more than 400 calories, about a third of my daily calorie allowance. Drinking one isn't going to make me feel full, so it's not worth it on a regular basis.



111 John St., Ste 1450

New York, NY 10038

(bet Pearl & Cliff St.)

Fulton St. Station: 2, 3, 4, 5, A, C, J, Z

VOWING TO GET HEALTHY AMANDA **ART**

STEM CELL HAIR **REGROWTH SPECIALISTS**

LOSING YOUR HAIR?

Forget about ointments, Shampoo, and hair transplant!

The revolutionary technology of the Hair Cells Plus Clinic is now available in America! The unique non-invasive method of Europen scientists in hair restoration! No side effects! Excellent results in both men and women! Hurry up!



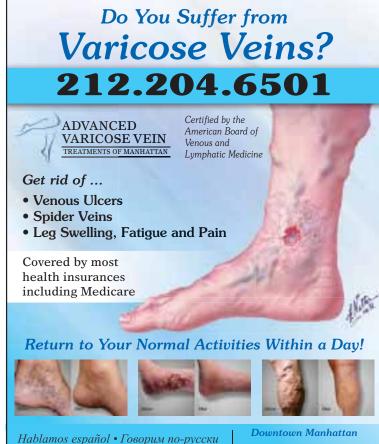
BRING THIS AD OR A TAKE PHOTO OF IT AND RECEIVE A FREE CONSULTATION ON YOUR VISIT. SPECIAL

Actual value of this free consultation is \$250 (Cannot be combined with any other offer)

SPECIAL

HAIR CELLS PLUS A REAL CHANCE TO GET BACK YOUR HAIR

5911 B 16th Ave. Brooklyn, NY 11204 • info@haircellsplus.com 718 872.6465 www.haircellsplus.com



www.TreatmentsOfManhattan.com

drlev@treatmentsofmanhattan.com

H Pisces | Feb. 19-March 20. You'll face discord if you

aren't mindful of others. Now is not the time to make changes to your space. An old debt will be settled in your favor.

Aries | March 21-April 20. You may be feeling down. If you take part in a cause, you will make new friends and infuse some life into your situation.

Taurus | April 21-May 21. Stay in touch with people who have something to offer you. Refuse to become involved in questionable activities.

Sudoku: Easy and hard

II Gemini | May 22-June 20. Don't be lured into sharing your personal information. You will be sorry if you reveal too much to someone unreliable.

Gancer | June 21-July 22. Don't let worry get to you. Connecting with friends or becoming involved with a public-spirited organization will provide you with some positive energy.

№ Leo | July 23-Aug. 22. Consider a lifestyle change. Base your actions on the way you feel and the goals you have set. Trying to impress others will backfire.

M Virgo | Aug. 23-Sept. 22. You may be drawn into a troublesome situation. Pay attention to your gut feelings, and put an end to a questionable partnership.

△ Libra | Sept. 23-Oct. 22. Dealing with your peers or family members will be problematic today. Stay away from trivial disagree-

M Scorpio | Oct. 23-Nov. 21. New opportunities will allow you to use your talents and skills more diversely. Make decisions based on your needs, not on what someone wants.

Sagittarius | Nov. 22-Dec. 21. A personal situation needs to be resolved before you can move ahead. Do a detailed analysis of your financial status.

Capricorn | Dec. 22-Jan 20. Be aware of the opportunities that surround you. An unusual offer has the potential to turn into a profitable endeavor.

🗻 Aquarius | Jan. 21-Feb 18. Your money matters need a critical evaluation. Get together with your financial adviser and determine how you can increase your savings. BERNICE BEDE OSOL

> How to play Fill in the grid

so that every

row, every

column and

every 3x3 box

contains the

digits 1-9. There is no math involved. You solve the puzzle with reasoning and

logic.

Letters

The USSR caused its own demise

Re: 'Reagan did help world redecorate without the Iron Curtain' (Metro, March 18) Actually, letter writer Timothy Laren is more accurate than Dan Schwarz with regard to the USSR situation and Ronald Reagan. The Communist regime that crushed the uprisings in the 1960s was much stronger. The USSR that Gorbachev inherited was much weaker, and long before Reagan demanded that Gorbachev "tear down this wall," Russia was already making preparations for an inevitable transition. Russia's own policies were its downfall. Decades of trying to best us in an arms race and misguided domestic policies caused

You can use your smartphone

that easy!

to discover today's crossword answers - right now! Download and open the Blippar app on your smartphone and hold the screen over the puzzle — it's

the USSR to implode more than any outside force. By the time Reagan showed up, the USSR was already in steep decline. AL SAINT JEAN, VIA EMAIL

Show'em with rockets

Instead of all the talking points on the validity of the Crimean election and sanctions for the vote (shot) heard 'round the world, why doesn't Obama simply install missiles aimed directly at Moscow? Like Kennedy did! That would certainly make a statement! LEE KEITH, VIA EMAIL

letters@metro.us



Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Crossword

1			8	5			4	
		9		1			7	
	8	4				1		
5					6	3	1	
	1			3			2	
	3	2	5					8
		1				4	9	
	2			4		6		
	4			8	2			5

l				3		2	9	7	
		2					3		
	3		8	5				1	2
				8	5	6			
			1				5		
				4	1	3			
	4	5				1	2		3
			2					9	
		6	9	2		7			

Crossword

Across

- 1 Melt together
- 5 Boyle and Kyser 9 — optics
- 14 Where edelweiss grows
- 15 Toast topper
- 16 Hockey venue
- 17 Monogram pt.
- 18 -— -tat-tat
- 19 Tall and lanky
- 20 It may be scarlet
- 22 Baggage handlers
- 24 Walk heavily 26 — Dawn Chong
- 27 Glossy fabric
- 30 fling
- 35 Lock up
- 36 Pedro's mouth
- 37 Norse giant
- 38 Wall climber
- 39 Soup servers 42 Roswell crasher
- 43 Vassal's land
- 45 Centers
- 46 Puts a stop to
- 48 Point out
- 50 Sweetie-pies
- 51 Winter complaint 52 Burn or sting
- 54 Apartments, usually
- 58 Earned, as assets 62 Ram, in astrology

- 63 State confidently
- 65 Franc successor
- 66 Computer documents
- 67 Surround
- 68 Dustcloths 69 Smaller than small
- 70 Lhasa -
- 71 Gin-fizz flavor

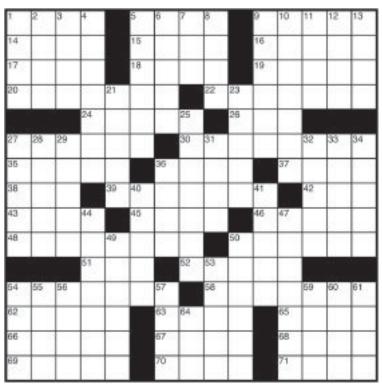
Down

- 1 accompli
- 2 Arm bone
- 3 Go round and round
- 4 Tycoons' homes 5 Seoul brother?
- 6 Fill with fear
- 7 Even so
- 8 Grease cutter 9 Ms. Fawcett
- 10 Bad-humoredly
- 11 Nota— 12 MIT grad
- 13 Moonbeams
- 21 Wave hello
- 23 Gill or lung
- 25 Brownish songbirds 27 Asimov genre (hyph.)
- 28 Singing chipmunk
- 29 Played with
- 31 Readies champagne 32 Stubborn as — —

- 33 Cool
- 34 Refinery waste
 - 36 Super-dry, to a vintner
 - 40 Ryder alternative (hyph.)
 - 41 Terra firma
 - 44 Like many a sophomore
 - 47 Horns
 - 49 Elegant
 - 50 Beehive, maybe
 - 53 "Broom Hilda" cartoonist
 - 54 Floating platform 55 Huron neighbor
 - 56 Egypt's river

 - 57 Long story
 - 59 Twofold
 - 60 Syllogism word 61 Rx directive
 - 64 Big shot





As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • • Metro New York 120 Broadway, New York, NY 10271 • main 212-457-7799 • to advertise 212-457-7795 • satisfax: 212-952-1505 • National and Executive Sales Director Ed Abrams • U.S. Circulation Director loseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising gmetro.u.s • email distribution distribution gmetro.u.s • material distribution distribution gmetro.u.s • Material papearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Dorothy Robinson, dorothyrobinson@metro.u.s • Managing Editor/ Sports Editor Mark Osborne, mark.osborne@metro.u.s • National News Editor Pill Gadsby, Jill.gadsby@metro.u.s • City Editor Allen Houston, allen.houston@metro.u.s • Peputy Features Editor, Home/Style/Food Editor Tin Adaha, tinac.Ashala-@metro.u.s • Entertainment Editor Alexandra Cavallo, alexandra.cavallo, alexandra Cavallo, elexandra Cavallo, alexandra Cavallo, alexandra Cavallo, alexandra Cavallo, alexandra Cavallo, alexandra Cavallo, the Mart Prigge, matt.prigge@metro.us • Metro and the matter and the prigge of the matter and the prigge of the matter and the matter a

Giants an old friend oth to their wide receiving corps by reuniting with Mario Manningham. The 27-year-old was drafted by the Giants in 2008 and spent the first four years of his career in New York, and was a key team's 2012 Super Bowl win. He spent the last two seasons with the 49ers.

Back to the future: Knicks get their Phil

NBA. The Knicks rolled out the red carpet for new president and former player Phil Jackson.

Legendary head coach Phil Jackson was officially announced as the new Knicks president, supplanting Steve Mills, who will now only execute his duties as the franchise's general manager.

While no one bothered to ask the displaced Mills any questions during Tuesday's one-hour press conference, there was plenty to be asked of Jackson and his new boss, owner Jim Dolan.

Jackson began his presser by saying he didn't have any prepared remarks and would be "shooting from the cuff." He was direct when spouting the old adage of "no 'I' in team," harkening to the 1970s when the Knicks were winning championships and epitomizing ball movement, sharing



By the number

\$34

The Knicks were selling throwback No. 18 Phil Jackson T-shirts in the team store at MSG for \$34 on Tuesday morning.

and unselfish play.

Dolan provided his own wonderful music to Knicks fans' ears when he humbly noted Jackson and Mills will be the men in charge and he'll do as little meddling as possible because he knows basketball is not his true forte.

"The two gentlemen to my left are experts in basketball. I'm not an expert at basketball," admitted Dolan. "My expertise lies in managing businesses. ... I'm a fan [who is] out of my element when it comes to being a decision-maker for the Knicks. ... I'm willingly and gratefully [stepping aside]."

TONY WILLIAMS
@TBone8

Fixer upper

Five moves for Phil Jackson to fix the Knicks

The Knicks finally announced Phil Jackson will take over as president. But now the real work begins.

The team isn't in a good position immediately, so don't expect a quick change. The team's salary cap situation is too compromised thanks to Amar'e Stoudemire and Tyson Chandler. So what can Jackson do?

We look at the Top 5 moves Jackson needs to make to turn the Knicks around ...

Re-sign Carmelo
Carmelo Anthony has
had a love-hate relationship with Knicks fans since
joining the team. Still,
Jackson needs to bring back
Anthony. Teams need multiple stars and Stoudemire
and Chandler won't get it
de convincing Anthony that
Jackson has a plan in place.

Find a coach
Jackson didn't dismiss
current head coach Mike
Woodson at his introduction, but the writing is on
the wall. And it can't help
owner James Dolan admitted he approached Jackson
first about becoming head
coach in December. Steve
Kerr, Brian Shaw and Kurt
Rambis are on the list.

Find a second scorer
When Jackson admitted
at his presser the rebuild will
take time, he was referring
to the salary cap situation
and the wait for the 2015
class of free agents. With
about \$50 million freed up
in the 2015 offseason, they'll
have plenty of room. All
Stars Kevin Love, LaMarcus
Aldridge and Rajon Rondo
will all be on the market.

Change the culture
It will help to have the
underachieving Stoudemire
off the roster, but Jackson
also needs to get rid of J.R.
Smith and Raymond Felton.
Neither will officially be off
the books until 2016, but
Felton could be in jail and
Smith's \$6 million contract
isn't prohibitive for a trade.

Be all in
Only Jackson knows how
much he's investing in this
job. But Jackson admitted he
signed a five-year deal, so
the infamously fickle Jackson at least plans to be here
long term. Let's see if he
sticks to it. MARK OSBORNE

To place an ad call Andrea Paz at 212-457-7831 or email andrea.paz@metro.us

DIRECTOR

Medical Research

Hey Ladies!

Sex can happen any time.



PrEP: Using HIV Meds to Prevent HIV

- Free, rapid HIV testing with results ready in 20 minutes
- Exams, tests and all study drugs at no cost
- Compensation for your time at each study visit

PrEP is short for Pre-Exposure Prophylaxis.

Cornell Clinical Trials Unit is looking for HIV-negative women who have sex with men for a new HIV prevention study.

Call Valery at (212) 746-4393 or email: vah9001@med.cornell.edu

Knicks. Jackson indicates he would like Anthony back

Phil Jackson believes the free agent class this summer isn't very promising, but he is interested in seeing how the summer of 2015 unfolds, especially when the Knicks will finally have a first-round pick and tons of salary cap space.

"We know that we'll need another solid contributor along with Carmelo," said Jackson. "I have no doubt [and] no problem committing in saying that Carmelo is in the future plans. ... No doubt we can build around Carmelo."

Anthony, who is averaging 28 points per game and a career-high 8.3 rebounds, is widely known as one of the league's best pure scorers today.



But while that accolade is nice, the forward has yet to really stamp his mark on the postseason annals. Jackson said he thinks he can change that thinking should the star re-up with the Knicks.

"I definitely believe that Carmelo is one of the most gifted scorers in the league," said Jackson. "But I also believe that he can take his game to another level." TONY WILLIAMS



Are you at risk for Type 2 Diabetes?

You may be at risk if you are overweight, you have a parent or sibling with diabetes or you had diabetes during pregnancy.

You may qualify for a research study on vitamin D and prevention of diabetes

Participants will receive diabetes testing, information on diabetes prevention, and a stipend for participating.

Please contact us at: 212-420-3569 or 212-420-3482 kmantha@chpnet.org

or go to www.d2dstudy.org to learn more about the study and type 2 diabetes

DRINKING TOO MUCH?

WISH YOU COULD REDUCE **HOW MUCH YOU ARE DRINKING?**

We would like to help.

You may be eligible to participate in a research study that might help you reach your goals.

FREE - Support and/or medication are provided at no cost. Reimbursement up to \$525 for participation.

> We care, so please call us at Parallax Center • 917-601-0308

The ADVANCE Study, A Collaboration between Columbia University and the Parallax Center



andrea.paz@metro.us

Research Department (212) 686-7306

- Free Research Study
- For men & women ages 16-65 with forehead wrinkles
- Compensation provided

Contact the research department for more information. Laser & Skin Surgery Center of New York 317 East 34th Street, New York, NY 10016

(212) 686-7306

Sponsored by Myoscience, Inc. 1600 Seaport Blvd, Suite 450, Redwood City, California myoscience.com



Participate in a study looking at: The effect of an osteoporosis medication, teriparatide, on the buildup and breakdown of bone

Why? To obtain knowledge that may help us understand osteoporosis better and create

> new therapies Post-menopausal women with osteoporosis

Use an osteoporosis medication for 28 days. come to 3-5 study visits, and have blood drawn

osteoporosis study and we will get back to you!

Where? **NYU Medical Center Bellevue Hospital**

Call 212-263-0422 and leave a message How? with your name, number, and interest in the

DISEASE also known as chronic bronchitis and emphy

If you have COPD you may be interested in volunteering for our **COPD** CLINICAL RESEARCH STUDY.

Qualified participants must:

• Have COPD

• Be 40 years of age or older

• Be a current or former smoker

Those who qualify receive study-related exams, evaluations and study drug or placebo at no cost.

Medical insurance is not required and compensation

For more information call

212-777-6977



BANKRUPTCY

Who?

What?

Not Sure Who to See for Bankruptcy?

Want an Attorney Who Will Provide Friendly, Caring, Personal Service at a Low Price? Then Call Jav Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn Bankruptcy Only, Chapter 7 Specialist, Low Fee, One Set Fee, Installments, Personalized Attention, Free Consultation

The Bankruptcy Whispe

DIVORCE \$179 1-800-414-0333 TheDivorceCenter.com

Spouse's Signature Not Needed Don't Be Fooled By Imposters

Plus Court Fee - Without Children - With This Ad

LAW OFFICE OF WILLIAM C. RAND

488 Madison Ave., Suite 1100, New York, N.Y. 10022

Over 60 Years of Experience **DINERMAN BERGAM & DINERMAN**

ALL ACCIDENT CASES HANDLED Car/Bus/Train • Slip/Trip and Fall • Elevator • Real Estate

ACUPUNCTURE

150 BROADWAY NYC • (212) 267-7575

Free Consultation

ASK FOR MARIA

Hablamos Español



Spa & Massage Directory To place an ad call Mark Bonanni at 212.457.7754 or email MARK.BONANNI@METRO.US metr⊕









www.MedicalHolistics.com



overweight stress anxiety back neck joint pain fatigue pinched nerve poor circulation sciatica migraine foot pain hair loss acne

massage physical therapy chiropractic

Accept 1199 aetna cigna oxford 115W 30 St. #500B (bt unitedhealthcare bluecross blueshield 212-healthplus affinity fidelis medicare & more 7237 Ave





MPORTANT INFORMATION:





PUBLISHERS NOTE All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Ho-using Act makes its illegal to advertise any preference, limitations or discrimination on the basis of race, color, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro
US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at 1(800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint

call HUD toll-free at (800) 669-9777 or the New York

City Commission on Human

Rights at (212) 306-7500

Homes

Homes

Homes

NOTICE TO THE PUBLIC

GOOD CREDIT, BAD CREDIT, NO CREDIT

ALL CASES PROCESSED

CALL NOW FOR FREE REGISTRATION MANY HOMES ARE FULLY RENOVATED

BROOKLYN, QUEENS, BRONX, WESTCHESTER AND LONG ISLAND 3.5% TOTAL DOWNPAYMENT NEEDED



Affordable Home Program LLC NYS. Licensed Real Estate Brokers 116-16 Queens Blvd Suite 202, Forest Hills, NY 11375 1866-988-HOME (4663)

Real Estate Wanted

Responsible Law Student Couple Seeks NYC Summer Sublet Email summersublet8@gmail.com.



AFFORDABLE

1ST HOMES III

*Licensed Real Estate Broker

Attention Renters:

Tax Refund Time Is Here

2 Homeowners needed by March 12th

Ozone Park \$390.000 2 Family house 3/3 fully finish basement Call 718-300-7057 Maybell hablamos espanol

metr@classifieds

Estate/Rent



Starting Just \$125/wk. Call Us Now: (212)368-2685

in Qns, NY





Utilities Included Same Day Move In Cable, TV, Internet No Credit Check \$125 per week Call 212-862-0457

1-2 Family Homes in 100's Available, All Boroughs

Brooklyn, Bronx, and Queens Good credit/bad credit All cases processed

Start with as little as

Register in person at our office:

STOP

PAYING

RENT

143-13 Hillside Ave., Jamaica NY 11435 By Train: Take the "F" Train to Sutphin Blvd By Car: Take Van Wyck to Hillside Ave

718-291-1800





Private Entry Bath Cooking 1 Person/2 Person \$125wk/ur room rentals 212-697-3962

Career **Training**

HHA/CNA training Assist slow learner? Long time out of school? Placement Assis-tance. Call#718-349-8003

Tired of your Job?
Want to pursue a new a career??
Not sure where to start???
With training in Medical Assisting, you too can start a new chapter in your life!
Degree program available!
Call now to get started! Call now to get started!

877-839-5444

SBI Campus – an affiliate
of Sanford-Brown - Melville
Melville, NY

Afraid of NEEDLES222 tut still want to be a part of the health are field, working behind the scenes Consider training in Medical Billing Call now to get started! 877-818-6444

sbmelville.edu

87/-818-6444
Sanford-Brown Institute
New York, NY, Garden, City,
Licensed by the New York
State Education Department Programs vary by campus sanfordbrown.edu

Call and receive a Career Guide prought to you by Sanford-Brown and Career Builder Read about:

- Job Searching in a Recession - 5 Ways to Get Better Pay Work of Man Jub Security?

Work of Man Jub Security?

Work of San Jub Security?

Work of San Jub Security?

Work of San Jub Security of Sanford-Brown Institute New York, NY + 6 Sarden, City Security S

NEEDED: People to train in Non-invasive CARDIOVASCULAR TECHNOLOGY Train in this exciting field and you could help save lives! Call now to get started!

New York, NY • Garden City, NY Licensed by the New York State Education Department Programs vary by campus sanfordbrown.edu

Want to make a change in your life' Interested in healthcare? Interested in healthcare?
We offer hands-on training in a
variety of healthcare fields.
Classes starting soon!
START TODAY!
888-806-633
SBI Campus – an affiliate
of Sanford-Brown – Meiville
Meiville, NY
shmelville edu

sbmelville.edu

metr@classifieds

to place an ad call

866-900-9473

or visit us at

www.metr@.us

Interested in the Justice System?



Consider LEGAL STUDIES at Briarcliffe College where you will learn over 20 different fields of law! Day and Evening Classes Available

BRIARCLIFFE

866.991.5777

Bethpage | Patchogue

www.briarcliffe.edu

Career Education 566742–10/13. Find employment rates, financial obligations and other disclosures at www.briarcliffe.edu/disclosures. Briarcliffe College cannot guarantee employment or salary. While many of our degree programs are designed to prepare graduates to pursue continued bachelor, graduate or doctorate-level education, the University cannot guarantee that students will be granted admission to any programs

HIGH SCHOOL DIPLOMA

If you're 18 or older you can complete your high school education at home right now in as few as 2 months

212-967-7010

469 7th Ave, 7th Floor (Btwn 35th & 36th Street)

Accepted by NYS Office of Higher Ed Liberty H.S. Brattlelboro, Vt.

BEST TRAINING BEST PRICE



Medical Assistant CALL low \$399 EKG Technician • Phlebotomy Tech \$399

Class

Starts

..... \$399 • Medical Billing \$899 Pharmacy Tech

• PC Technician [A+] \$399 • Networking Concepts [N+].. \$399

• Network Security [S+] \$399

ww.acecareer.edu

212-695-9700 718-575-3223

CAREERS FOR THE 21ST CENTURY PARALEGAL

- COURT REPORTING

NEW PROGRAM • HEALTH INFORMATION TECHNOLOGY • TRANSFER CREDITS ACCEPTED



The College of Legal & Medical Professions.

Now Registering for Next Term!

Call **212•962•0002** • www.nyci.edu Day, Evening & Saturday Classes • Degree & Certificate Programs

11 PARK PLACE, NYC (Conveniently Located in Lower Manhattan) For Disclosure Information, view Program Details @ nyci.edu



Psychic

Mr SHAMAN SPIRITUAL HEALER CALL NOW (347) 4745886 Natural born Psychic and



or neglecting you?
Stop suffering call me now
-----347 474 5886 -----

CLIENT TESTIMONIALS:

Robert From Long Island: own a restaurant and was having very serious money problems, i went to severa sychics and they all told m

Hello My daughter was in a very bad relationship this man made her a drug addict, he used to hit her in the face, but she refused to leave him. I went to Mr Shaman with my wife, he help us and my daughter left this guy after only 2 days.

WORLD RENOWNED SPIRITUALIST ASTROLOGER PANDIT: RAM SHANKAR



646-750-4972

He can Clar Negativity.
Future Life Events. Solves
Impossible problems. Helps
Brins back Loved ones.
Family Problems, Health,
Sexual, Depression,
Drinkins, Marriage, Evil
Title Brees H. W. WORK.
GIVES UNBREAKABLE &
UNACCESSIBLE
PROTECTION. QUICK
RESULTS GUARANTEED.
BY APPOINTMENT ONLY
118-09 Liberty Ave. Rich
condition of the Control of the Control
AVON Beauty Supply,
Private Office.

IN PRINT & ONLINE



Psychic

KEKUTA AFRICAN 646.577.7595

SALEEM

917.254.6647
MYSTICAL AFRICAN
WEDIUM & SPIRITUALIST
SOLVES ALL
YOUR ISSUES,
LOVE SPECIALIST,
REUNITE LOVERS,
BUSINESS,
JOB, COURT,
LUCK,
BLACK MAGIC,
PROTECTION,
IMPOTENCY,
IMMIGRATION, ET.
ENGLISH AND FRENCH
SPEAKING.
QUICK RESULTS
www.africanmedium.com 917.254.6647

SERIGNE

SERIGNE 917-679-1518 piritual Reader & Coach bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic, issues, job, success in business, job, success in business, ourt case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection.

FAST RESULTS





646-664-7058

Spirits, & Bad Luck by spe-cial Poojas & Worships.
DONT WAIT, CALL TODAY
GUARANTEED
SOLUTIONS
104-12 115TH STREET
Richmond Hill NY, 11419

International Clairvoyant & Spiritual Healer MR. MADDY 917.754.8216

Problem with love life, Marriage, Relationship sad luck, business, stress court cases, black magic, areer, Sexual Depression Etc. PRIVATE AND CONFIDENTIAL 100% GUARANTEED. DON'T SUFFER IN SILENCE

International Clairvoyant & Spiritual Healer MR. MADDY

MR. MADDY 917.754.8216 Problem with love life, merriage, Relationship, and luck, Business, stress, ourt cases, black magic, areer, Sexual Depression etc. PRIVATE AND CONFIDENTIAL 100% GUARANTEED. DONT SUFFER IN SILENCE

PROFESSOR SHEIKH

SHEIKH
IBRAHIM
SPIRITUAL HEALER AND
CLAIRVOYANT
SPECIALIZE IN
RELATIONSHIP,
MARRIAGE & LOVED
ONES, BREAK BLACK
MAGIC, BAD LUCK,
SUCCESS IN BUSINESS,
JOB, EXAMS,
DIVORCE, COURT CASES,
IMMIGRATION, ETC
SEEK HELP FROM MR
IBRAHIM QUICK

Miscellaneous

REDUCE YOUR CABLE BILL!

Get an All-Digital Satellite System installed for FREE and programming starting at \$19.99/mo. FREE HD/DVR upgrade for new callers,

877-356-0526



Training

PEST CONTROL/TERMITE LIC. 6/9 DAYS NY STATE APPROVED CERTIFICA-TION & RE-CERTIFICATION IN 7AFF/R/ISA/TC & JOB ASSISTANCE -

pestmanagementsciences@y ahoo.com CALL 24 HOURS. 1-800-220-5494 OR 718-205-0557

General Help Wanted



Business Opportunity-Owner/ Operator-Open House

Deliver newspapers as an Owner/Operator under agreement with our company in Manhattan Earn up to \$1,000+/month Must have dependable car. Call 646-277-3795 for details

HIGH SCHOOL DIPLOMA FROM HOME

6-8 weeks accredited Get a Diploma! Get a Job!

No computer needed!! Call 24/7 for free brochure 1-800-264-8330 www.diplomafromhome.com Benjamin Franklin High School

SPIRITUAL HEALER ANNA Finally there is a born gifted healer you can trust...

She has over 40 yrs exp. She will know the causes of your problems without asking any questions & knows how to solve them, reveal names of enemies, reunite lovers, stops divorce, cure sickness, help childless couples, bring success to business, jobs, exams, etc

If Anna cannot help you no one can! She is superior to all others. She is one of the only certified Spiritual healers.

Reading by Phone First Reading Free

MARRIED COUPLE

Someone had wished I wouldn't marry the man Llove... Thanks to Anna we are now happily married!



Our business was failing, we had no hone until my husband called Anna for help. A few days later we started to see amazing results!

718-701-0224



FAMILY

We have been married for

six years and had no

children. Thanks to Anna we now have two healthy kids.

General Help Wanted

Ticket Agents Start Today! Paid Daily Work/Hrly,loc.30% comm 218 W37 5th floor, NY, NY 10018 212-664-0300

Activist Jobs!

SO CALL NOW

Ashmatt Employment Agency (718) 478-5690

Call Janet at (212) 219-1502

JOBS We Train &

New Media Production (Audio & Video) PCT• HHA• Medical Asst **EKG/PHLE/Pharm Tech CNA FREE Training if eligible** Free Training US Vets -

Healthcare

Place!

Solar Tech etc

Call:718-263-0750 STUDENT VISAS @ LOW COST On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd Kew Gardens, NY WWW.ACCESSOUEENS.COM

Premier Paratransit is seeking Drivers with NYS CDL Class C with Passenger Endorsement **COME IN FOR APPLICATION** 940 Remsen Ave, Brooklyn (bet Av D/Foster Av)

Mon-Fri 8am-7pm • Sat/Sun 8am-4pm

Customer Service

Customer Service

CUSTOMER SERVICE **POSITIONS AVAILABLE NOW**

- No exp. necessary Great pay
- Training provided Close to public trans.

For an interview please call 917-310-2511

Healthcare

Healthcare

Comp. Networking(A+,MCSE,CCNA) Comp. Programming (C++,.Net,QA) Medical Assistant ESL (Free.. If you Qualify)

Nurse Aide (CNA) EKG & Phlebotomy Patient Care tech (PCT)
Dental Assistant Pharmay Tech. (PhT) MS Office / CPR



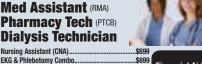
Call: 866-487-5432

Access Careers, Brooklyn www.AccessCareers.Edu Close to 2, 3, A, C, G, R, Q, N, E, F, Train at Hoyt St

Financial Aid if qualify

Licensed by NYSED

Ultrasound Med Assistant (RMA) Pharmacy Tech (PTCB)



EKG & Phlebotomy Combo....... Patient Care Technician (CPCT).... Financial Aid Medical Billing (CBCS)...... Med Off Administration (CMAA)...... Available If You Qualify Pharmacy Technician (PTCB)\$999 CPR (By American Heart Association Valid 2yrs) ..\$80 ACCREDITED INSTITUTE

NEW YORK MEDICAL CAREER TRAINING CENTER
500 8" Ave. NY • 212-947-4444 • Close to Penn Station & Port Auth
36-09 Flushing Main St. • 718-460-4340 • Corner of Main Street & Northern Blvd
www.nymedtraining.com

metr@classifieds TO PLACE AN AD CALL 866-900-9473

Legal **Notices**

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF SULLIVAN

ASPIRE FEDERAL CREDIT UNION f/k/a FAA EASTERN REGION FEDERAL CREDIT UNION

> Index No. 2013-2691 SUMMONS

Plaintiff

- against-

WOLVERINE HUNTING AND FISHING CLUB, INC. a/k/a THE WOLVERINE HUNTING AND FISHING CLUB, INC. HASHOMER HATZAIR, INC., YESHIVA LETZIRIM INC., LOOMIS SANATORIUM a/k/a LOOMIS SANITORIUM, and N.J.D. REALTY CORP., and all parties having or claiming to have an interestin or lien upon the premises described in the Verified Complaint or any amendment thereto, by, through, or under any of said specifically named Defendants herein or by through or under any of the other Defendants herein named specifically or as a class Defendants,

You are hereby summoned to answer the Complaint in this action and to serve a copy of your Answer or, if the Complaint is not served with this Summons to serve a Notice of Appearance, on the Plaintiff's attorneys within twenty (20) days after the service of this Summons, exclusive of the date of service, or within thirty (30) days after the completion of service wherein service is made in any other manner than personal delivery within the State. In the case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint.

Sullivan County is designated as the place of trial on the grounds that the premises, which is the basis for this action, is located in Sullivan County and more particulary described as a portion of Town of Liberty Tax Map Parcel No. 35-2-14.1.

Dated: Monticello New York November 4, 2013

> Yours, etc., STOLOFF & SILVER LLP ss: GARY D. SILVER Attorneys for Plaintiff Office and Post Office Address 26 Hamilton Ave., P.O. Box 1129 Monticello, NY 12701 Tel. (845) 794-4300

In this action Plaintiff seeks judgment pursuant to New York Real Property Actions and Proceedings Law Article 15 against the Defendants, that the Defendants, and every person claiming under them, be barred from all claim to an estate or interest in the real property at issue (a portion of Town of Liberty Tax Map Parcel No. 35-2-14.1, as described in the Verified Complaint), and that it be adjudged and finally determined that Plaintiff is vested with an absolute and unencumbered title in fee to said premises and entitled to the immediate possession of same, together with the costs and disbursements of this action, and such other, further and/or different relief as to this Court may just and proper under the circumstances

Notice of Formation of Wailea Performing Arts Academy LLC Art. of Org. filed with the Secretary of State of New York (SSNY) on 12/05/2013. Office location: NY County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail a copy of any process to: 711 7th Ave., New York, NY 10036. Purpose: Offers training and coaching to entrepreneurs, executive artists and people of all professions.

NOTICE IS HEREBY GIVEN that a license, Serial # Pending for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 556 Tompkins Ave., Staten Island, NY 10305 for On-premises onsumption, Liang Chen d/b/a Island Japanese Food.

NOTICE IS HEREBY GIVEN that a license, Number 1277027 for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 69-61 Juniper Blvd., Fresh Meadows, NY 11379 for on-premise consumption. 6961 Juniper Blvd. South Corp.



3%-75% OFF STOREWIDE PLUS, WATCH NOW- SUNDAY, MARCH 23 DURING OUR 5-DAY SUPER SALE

40% OFF FOR HIM Reg. 59.50-\$650. Sale 35.70-

\$390. Suits, suit separates, dress pants and dress shirts from Kenneth Cole Reaction®, Tasso Elba, and more



SUPER BUY 36.99 LEVI'S® FOR HIM Reg. \$68.

Ace Cargo pants for men. Waists 30-38. Macy's card/savings pass discount doesn't . apply.



50% OFF

CLEARANCE Orig.* \$39-\$69. **Now 19.50-34.50.** Only at Macy's. Knit tops, pants and more from Style & Co. Misses and petites. Women's prices slightly



60% TO 80% OFF

WHEN YOU TAKE AN EXTRA 30% OFF Orig.* \$29-\$89. Final cost 7.10-21.80. For Juniors: clearance tops, jeans, skirts, dresses and more from our American Rag and more.



SALE 29.99

SPORTSHIRTS & KNIT TOPS Only at Macy's Reg. \$45-\$49. From Alfani and Club Room. **★** WebID 785668



65%-80% OFF

AN EXTRA 30% OFF Orig.* \$29-\$299. Final cost 5.80-104.65 Clearance sportswea from our Charter Club, Alfani, Style & Co. and more. Misses & petites. Womens



BUY 1, GET 60% OFF 2N

Sale in progress: 1st bra, reg. \$33-\$40 ea. 2nd bra, sale 13.20-\$16 ea. From Warner's®,

Maidenform® and more ★ WebID 1016409.



60% TO 80% OFF WHEN YOU

TAKE AN EXTRA 30% OFF Orig.* \$10-79.50. Final cost 3.48-13.98. Kids' clearance tops pants and more for girls 2-16; boys 2-20; infants 3-24



EXTRA

25% OFF† WHEN YOU BUY 2 OR MORE PAIRS OF SHOES FOR HER Regular, sale or clearance styles.

★ WebID 1319785 Savings pass discount does not apply to



30% TO 50% OFF

prices slightly higher.

ALL** FINE JEWELRY Reg. \$200-\$8000 Sale \$100-\$5600 Diamonds, 14k gold and more. On sale in the state of Georgia 3/20-3/23/14.



20% OFF WATCHES Reg. \$235-\$450

Sale \$185-\$359. From Bulova, Citizen Eco-Drive ★ WebID 563582, **★** 687973.



EXTRA 25% OFF WHEN YOU BUY 2

OR MORE HANDBAGS & WALLETS Regular, sale or clearance styles. **Savings pass discount does not apply** to multiple-handbag purchases.



30% OFF

BLENDERS & JUICERS Reg. 39.99-429.99. **Sale 27.99-300.99**. Shown: Bella juicer, #13694 (★ WebID 754222); Ninja blender, #BL660 (★ WebID 735873).



30% OFF FIESTA Reg. \$9-\$86. **Sale 5.99-59.99** Open stock dinnerware and accesso ★ WebID

16497.



PLUS, TAKE AN EXTRA 10%-20% OFF[†]

when you use your Macy's Card or savings pass during our 5-Day Super Sale. †Exclusions apply, see pass.

★MOCYS **WOW! PASS**

EXTRA SAVINGS ON ALL SALE & CLEARANCE APPAREL (EXCEPT SPECIALS & SUPER BUYS)

extra 20% OFF

ELECTRONICS & WATCHES
Also excludes: Everyday Values (EDV), multi-pair shoe and handbag purchases for her,
Doorbusters, Deals of the Day, furniture, mattresses, floor coverings, rugs, men's store
electronics, cosmetics/fragrances, athletic shoes for him, her & kids, Dallas Cowboys
merchandise, gift cards, jewelry trunk shows, New Era, Nike on Field, previous purchases,
special orders, selected licensed depts., special purchases, services. Exclusions may differ at
macys.com. Cannot be combined with any savings pass/coupon, extra discount or redit offer
except opening a new Macy's account. EXTRA SAVINGS % APPLIED TO REDUCED PRICES.



TEXT "CPN" TO 62297 TO GET COUPONS, SALES ALERTS & MORE!

Max 3 msgs/wk. Msg & data rates may apply. By texting CPN from my mobile number, I agree to receive marketing text messages generated by an automated dialer from Macy's to this number. I understand that consent is not required to make a purchase. **Text STOP to 62297 to cancel. Text HELP to 62297 for help.** Terms & conditions at macys.com/mobilehelp Privacy policy at macys.com/privacypolicy

40% OFF

SHEET SETS AND SHEETS Reg. \$20-\$235. Sale 11.99-139 99 Only at Macy's. From Charter Club and





771299.

SAMSONITE LUGGAGE Reg. \$140-\$680. Sale 69.99-339.99. Shown: Silhouette Sphere spinners. ★ WebID



FREE ONLINE SHIPPING EVERY DAY + EXTRA 10%-20% OFF USE PROMO CODE: *FIVE* FOR EXTRA SAVINGS; OFFER VALID 3/19-3/23/20



60% off price item must be of equal or lesser value that item purchased; returns must include all purchased items. Fine jewelry available at stores that carry fine jewelry.

REG. & ORIG. PRICES ARE OFFERING PRICES AND SAVINGS MAY NOT BE BASED ON ACTUAL SALES. SOME ORIG. PRICES NOT IN EFFECT DURING THE PAST 90 DAYS. 5-DAY SUPER SALE PRICES IN EFFECT 3/19-3/23/2014. **Intermediate price reductions may have been taken. **All carat weights (ct. t.w.) are approximate; variance may be .05 carat. Jewelry photos may be enlarged or enhanced to show detail. Fine jewelry at select stores; log on to macys.com for locations. Almost all gemstones have been treated to enhance their beauty & require special care, log on to macys.com/gemstones or ask your sales professional. Savings off reg. prices. **Does not include watch'es, designer collections, fashion jewelry or diamond engagement rings; does not apply to Everyday Values, Doorbusters/super buys, specials or trunk shows. Orig/Now items will remain at advertised prices after event and are available while supplies last. †Excludes Everyday Values, performance athletic shoes, specials, Deals of the Day and Doorbusters. Advertised merchandise may not be carried at your local Macy's and selection may vary by store. Prices & merchandise may differ at macys.com. Electric items & luggage shown carry mfrs' warranties; to see a mfr's warranty at no charge before purchasing, visit a store or write to: Macy's Warranty Dept., PO Box 1026, Maryland

Heights, MO 63043, attn: Consumer Warranties. N4020499. OPEN A MACY'S ACCOUNT FOR EXTRA 15% SAVINGS THE FIRST 2 DAYS, UP TO \$100, WITH MORE REWARDS TO COME. Macy's credit card is available subject to credit approval; new account savings valid the day your account is opened and the next day; excludes services, selected licensed departments, gift cards, restaurants, gourmet food & wine. The new account savings are limited to a total of \$100; application must qualify for immediate approval to receive extra savings; employees not eligible.

